



## Bar & Restaurant

We pride ourselves on fresh, homemade food using fresh produce where possible.  
All of our food is freshly cooked to order

### \_\_\_\_\_ SERVICE \_\_\_\_\_

**From 9.00 am to 6.00 pm:** Please order your food & drink at the bar, giving your table number, for both inside and outside tables

**From 6.00 pm onwards:** We operate a table service for those seated inside.  
Or order at the bar, giving your table number, if seated outside

### \_\_\_\_\_ LIGHTER BITES \_\_\_\_\_

We now offer smaller portions on selected dishes for those with smaller appetites.  
These are available on various dishes from **12pm until 6pm.**

## STARTERS AND NIBBLES

- Tomato, Mozzarella & Basil Salad** £5.49  
*with balsamic vinegar (V) (GF)*
- Pan Fried Garlic King Prawns** £8.99  
*with salad garnish & fresh bread (GF available)*
- Salt & Pepper Chicken Wings** £6.49  
*with garlic & chive mayonnaise*
- Homemade Soup Of The Day** £5.99  
*with warm rustic French bread (V)*
- Homemade Smoked Garlic Hummus** £4.49  
*with pitta bread & olive oil (VE)*
- Creamy Garlic Mushrooms** £6.49  
*served on toasted ciabatta (V)*

## FROM THE OCEAN

- Beer Battered Cod** £8.49 / £13.49  
*with homemade chips, salad, petit pois & homemade tartar sauce*
- Moules Mariniere** £6.99 / £12.49  
*with white wine, garlic, onion & cream sauce and fresh bread (GF available)*
- Roasted Salmon Fillet** £15.99  
*with sautéed asparagus spears, roasted vine tomatoes, parmentier potatoes & tarragon cream sauce (GF)*
- Thai Sea Bass** £14.99  
*crispy skin sea bass fillets with Thai infused basmati rice, sugar snap peas, coriander, chilli, ginger & lime (GF)(DF)*

## SHARING BOARDS

- Antipasto Board** £19.99  
*Milano & Napoli salami, sliced chorizo, prosciutto ham, olives, feta cheese, artichoke hearts, hummus, red pepper pesto, tomato, mozzarella & basil salad, focaccia bread, olive oil dip & balsamic vinegar dip (GF available)*
- Baked Camembert Board** £19.99  
*Wheel of oven baked Camembert with warm rustic bread, olives, frickles, roasted garlic, roasted vine tomatoes, dried apricots, sweet pickle & olive oil dip (GF available)*
- Seafood Board** £25.99  
*Prawns, crab, smoked salmon, peppered mackerel, Green lip mussels, salt & pepper squid, whitebait, fresh bread, salad & dips*

## BREEZE CLASSICS

- Homemade Chilli Con Carne** £7.99 / £10.99  
*with basmati rice, tortilla chips & sour cream*
- Hand Carved Honey Roast Ham** £6.99 / £9.99  
*with homemade chips, 2 fried eggs & salad garnish (GF) (DF)*
- Trio Of Sausages** £7.49 / £10.49  
*with creamy mashed potatoes, petit pois & caramelised red onion gravy*
- Breaded Pork Schnitzel** £12.49  
*with German style potatoes (bacon, onions, paprika, caraway seeds) peppercorn sauce & fresh vegetables*
- Hunters Chicken** £12.49  
*chargrilled chicken breast topped with bacon, cheddar & BBQ sauce with homemade chips and salad garnish (GF)*
- Falafel Wrap** £10.99  
*with mixed leaves, mango chutney, homemade chips & salad garnish (V)*

## STEAKS AND BURGERS

### Buttermilk Fried Chicken Burger **£11.49**

*with heirloom tomato, lettuce, house ranch dressing, homemade chips, house slaw & salad*

### Gourmet 100% Beef Burger **£11.49**

*in a brioche bun, homemade coleslaw, homemade chips & salad garnish, **add cheese, bacon or jalapenos £1***

### Double Pulled Pork Burger **£15.99**

*two 8oz beef burgers, BBQ pulled pork, mature cheddar in a brioche bun served with homemade chips, onion rings, coleslaw & salad*

### Roasted Halloumi Burger **£10.99**

*flat field mushroom stacked with halloumi & roasted red bell pepper served in a brioche bun with sweet potato fries, salad and house slaw (V)*

### Grilled Moving Mountains B12 Burger **£13.49**

*served in a vegan brioche bun with vegan cheese, vegan coleslaw & sweet potato fries (VE)*

### Chargrilled 8oz Sirloin **£21.49**

### Chargrilled 8oz Ribeye **£22.99**

*Isle of Wight steaks cooked to your liking served with grilled tomato, button mushrooms, homemade chips & salad garnish with a choice of green peppercorn sauce, blue cheese sauce or port jus.*

### Chargrilled Cajun Chicken Breast **£11.50**

*marinated in Cajun spices with grilled tomato, button mushrooms, homemade chips & salad garnish (GF)*

## JACKET POTATOES

**Served until 6pm**

### Shipjack Tuna *with mayonnaise (GF)* **£7.99**

### Bacon & Brie (GF) **£7.99**

### Chilli Con Carne (GF) **£8.49**

### Heinz Beans & Cheese (V) (GF) **£7.99**

### Luxury North Atlantic Prawns (GF) **£9.49**

### Coronation Chicken (GF) **£8.99**

**\*\* All served with salad garnish**

## STONE BAKED PIZZAS

### Margarita **£10.49**

*topped with homemade passata & mozzarella (V)*

### Pepperoni **£11.99**

*with the option to add jalapenos*

### BBQ Chicken **£12.49**

*with red onion, sweetcorn & BBQ sauce*

### Hawaiian **£11.99**

*with prosciutto ham and pineapple chunks*

### Mediterranean **£12.49**

*with olives, tomato, feta, red onion & rocket*

**Pizza of the week - please see specials board**

## PASTA & SALADS

### Homemade Linguini Carbonara **£7.99 / £10.99**

*with bacon & onion in a white wine, garlic & cream sauce. Topped with fresh rocket & parmesan*

### Crab, Lime & Coriander Linguini **£9.99 / £14.99**

*in a cream sauce and a hint of chilli*

### Tuna Nicoise Salad Shipjack **£8.49 / £11.49**

*tuna chunks, marinated olives, red onion, mixed leaves, boiled egg, cherry tomatoes and a pot of French dressing*

### Chargrilled Chicken Caesar Salad **£11.49**

*lettuce, croutons, bacon, Caesar dressing, chicken breast, fresh rocket & parmesan*

### Ploughman's - Pick 3 from the following: **£12.49**

Honey Roast Ham, Cheddar, Stilton, Brie

*with salad, apple, boiled egg, pickled onions, sweet pickle, coleslaw & fresh bread*

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**SIDES**

Homemade chips (GF)	£3.49
Sweet potato fries	£3.49
Buttered new potatoes (GF)	£2.99
Seasonal vegetables (GF)	£3.49
Side Salad (GF)	£2.49
Garlic Ciabatta bread	£3.99
Garlic ciabatta bread <i>with cheese</i>	£4.99
Beer battered onion rings	£3.00
House Coleslaw	£2.50

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**SANDWICHES**

Served until 6pm

Mature Cheddar Cheese <i>with red onion (V)</i>	£5.49
Ship jack tuna mayonnaise <i>with cucumber</i>	£6.99
Honey roast ham <i>with wholegrain mustard</i>	£5.99
Coronation chicken	£6.99
Luxury north Atlantic prawns <i>with Marie Rose sauce</i>	£7.99

\*\* All served with crisps & salad garnish

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**SUNDAY ROASTS**

Served from 12 noon

Bookings strongly recommended

(GF options available)

	Children	Adult	Large
Roasted sirloin of beef	£6.99	£11.99	£14.99
Roasted Leg of Lamb	£6.99	£11.99	£14.99
Roasted Turkey Breast	£6.99	£10.99	£13.99
Roasted Pork Loin	£6.99	£10.99	£13.99
Nut Roast (V)		£10.99	£13.99

\*\* All served with garlic & thyme homemade roasted potatoes, homemade Yorkshire pudding, stuffing, fresh vegetables & homemade beef gravy.

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**SPECIALITY SANDWICHES**

Served until 6pm

Ship Jack Tuna Mayo Ciabatta <i>with mature cheddar cheese and red onion</i>	£8.00
Slow Roasted BBQ Pulled Pork Ciabatta <i>topped with mature cheddar cheese</i>	£8.50
Bacon & Brie Ciabatta <i>with cranberry sauce</i>	£8.00
Heirloom tomato ciabatta <i>with buffalo mozzarella &amp; basil (V)</i>	£8.00
Chefs Special Club Sandwich <i>double decker of BLT and chicken mayo, with home-made chips</i>	£9.50

\*\* All served with crisps and salad garnish

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## DESSERTS

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<b>Homemade apple crumble</b> <i>with custard (V)</i>	<b>£6.50</b>
<b>Malteser cake</b> <i>with vanilla ice cream (V)</i>	<b>£6.50</b>
<b>Homemade summer berries pavlova</b> <i>with Chantilly cream &amp; berry coulis (V) (GF)</i>	<b>£6.50</b>
<b>Vegan Chocolate Brownie</b> <i>with vegan vanilla ice cream (VE) (GF)</i>	<b>£6.50</b>
<b>Cheese &amp; Biscuit Board Cheddar, Stilton &amp; Brie</b> <i>with homemade tomato chutney, grapes and a selection of biscuits (V)</i>	<b>£9.00</b>
<b>Chocolate Brownie Sundae Chunks of brownie</b> <i>with cream, chocolate and vanilla ice cream, chocolate sauce &amp; ice cream wafer (V)</i>	<b>£7.50</b>
<b>Homemade cheesecake of the day</b> <i>please see specials board</i>	<b>£6.49</b>
<b>New Forest Ice Cream</b> <i>Flavours: vanilla, chocolate, strawberry, chocolate brownie, rhubarb &amp; ginger, honey &amp; Fig</i>	<b>£1.99 per scoop</b>
<b>Fruit sorbet</b> <i>Flavours: lime &amp; coconut, blood orange or lemon.</i>	<b>£1.99 per scoop</b>

### ALLERGENS & INTOLERANCES

If you have a food allergy or intolerance, please advise a team member when ordering your food. Even if you are a regular customer please inform us as our ingredients and recipes can change from time to time.

Our fish may contain bones, our game may contain shot & our nuts definitely contain nuts!

We produce our food in kitchens where allergens are handled by our teams, and where equipment and utensils are used for multiple menu items, including those containing allergens.

While we try to keep things separate, we cannot guarantee any item is allergen free

### DIETARY NEEDS

If you like the look of something that isn't vegan or gluten-free please speak to a member of our team & we will do our utmost to adjust dishes for your dietary requirements.