

# Welcome to The Breeze Restaurant & Bar

## Service

From 9.00 a.m. to 6.00 p.m. Please order your meal at the bar, giving your table number, for both inside and outside tables.

From 6.00 p.m. onwards. We operate a table service for those seated inside. Or order at the bar, giving your table number, if seated outside.



We pride ourselves on using fresh, locally sourced produce.  
Our dishes are homemade and freshly cooked to order.

## Food Allergies and Intolerances

Some of our foods contain allergens. Please inform a member of staff if you have any allergies and ask to see our allergen list.

Whilst the Breeze Restaurant & Bar does its best to prevent cross contamination, our food is prepared in a kitchen where this may occur. If you have any concerns, please speak to a member of staff before placing your order.

Dishes can be adapted to suit dietary needs, please ask a member of staff.

**Vegetarian**



**Vegan**

**Vegan**

**Gluten free**



## STARTERS AND NIBBLES

### Homemade Thai fishcakes - £6.95

Salmon, cod, prawn, chilli and ginger, coriander and lime juice, encrusted in Panko breadcrumbs, served with a homemade sweet chilli sauce

### Anti pasti cured meat board sharer- £10.95

Milano, Napoli and chorizo salamis, prosciutto ham, marinated olives, sundried tomatoes, dressed side salad and warm ciabatta bread

### Homemade soup of the day - £5.25

Served with a choice of white or brown crusty bread

### Tomato, basil and mozzarella bruschetta - £5.95

Finished with a balsamic reduction

### Classic prawn cocktail - £6.95

Luxury north Atlantic prawns served on a bed of crisp lettuce, topped with Marie rose sauce, served with crusty brown bread and butter

### Garlic mushrooms - £5.95

Fresh button mushrooms, pan fried with garlic butter, finished with cream and served on a toasted ciabatta

### Marinated Olives - £4.95

A mixture of both green stuffed olives and black olives marinated in garlic, herbs, bay leaves, red onion and fresh red peppers, served with warm ciabatta bread

## FROM THE OCEAN

### Chunky beer battered cod - £11.75

Served with homemade chips, homemade tartar sauce, petit pois and a dressed salad garnish

### Pan fried sea bass fillet - £14.95

Served on a bed of spinach and potato Gnocchi bound in red pepper pesto

### Oven roasted salmon fillet- £15.25

Stuffed with poached asparagus, topped with a creamy tarragon sauce, served with new potatoes and seasonal vegetables

### Moules mariniere - £11.95

Fresh mussels cooked in white wine, garlic, onions and finished with cream, served with fresh brown crusty bread




## BREEZE CLASSICS

Hand carved honey roast ham - £10.75 

Served with homemade chips, egg and a dressed salad garnish

Isle of Wight sausages and creamy mashed potato - £10.95

Served with petit pois and onion gravy

Homemade spicy chicken curry - £10.95 

Served with rice and mango chutney

Homemade spicy winter vegetable and chickpea curry - £9.95 **Vegan**

Served with basmati rice and mango chutney

Hunters chicken - £11.95

Chargrilled chicken breast topped with bacon, BBQ sauce and cheddar cheese, served with homemade chips and a dressed salad garnish

Slow roasted lamb shank - £14.95


Served on crushed minted new potatoes, topped with a port and redcurrant gravy, served with seasonal vegetables

Homemade chilli con carne - £10.95

Served with basmati rice, soured cream and tortilla chips

Beer battered halloumi - £10.95 

Served with salad, homemade chips and homemade tartar sauce

Falafel wrap - £9.95 

Traditional middle eastern Falafels served in a tortilla wrap with mixed leaves, homemade coleslaw and mango chutney, served with homemade chips and a dressed salad garnish


## HOMEMADE STONE BAKED PIZZAS

Margherita topped with homemade passata and mozzarella - £9.95 

Double pepperoni a double helping of pepperoni with the option of chilli - £11.50

Hawaiian fresh pineapple chunks and Parma ham - £10.95

Spicy chicken spicy sauce, chicken, fresh pepper and red onion - £11.95

Mediterranean veggie sundried tomatoes, olives, red onion, red pepper and fresh rocket - £11.25 

Chicken Caesar chicken, bacon, fresh rocket and parmesan, finished with a Caesar dressing - £11.95

## FROM THE GRILL

### Chargrilled chicken burger - £10.95

Whole butterflied chicken breast served with lettuce, tomatoes, tarragon mayonnaise, homemade coleslaw, homemade chips and a dressed salad garnish.

### Homemade gourmet 100% beef burger - £11.50

Served in a brioche bun with homemade coleslaw, homemade chips and a dressed salad garnish.  
(Add cheese, bacon or jalapenos £1)

### Chargrilled Cajun chicken - £10.95

A whole butterflied chicken breast marinated in Cajun spices, served with grilled tomato, button mushrooms, homemade chips and a dressed salad garnish

### 8oz sirloin steak - £17.95 or 8oz Rib eye - £18.95

Isle of Wight steaks cooked to your liking, served with grilled tomato, button mushrooms, homemade chips and a dressed salad garnish.

With a choice of green peppercorn sauce, blue cheese sauce or port jus

## PASTAS & SALADS

### Roasted vegetable arrabbiata - £10.50 **Vegan**

A mixture of aubergine, courgette, red onion, sweet peppers and mixed tomatoes, in a spicy tomato and red wine sauce, tossed with tagliatelle

### Homemade linguini carbonara - £10.25

Bacon and diced onion in a creamy cheese sauce topped with fresh rocket and parmesan shavings available without bacon on request

### Warm quinoa salad with grilled halloumi - £10.95

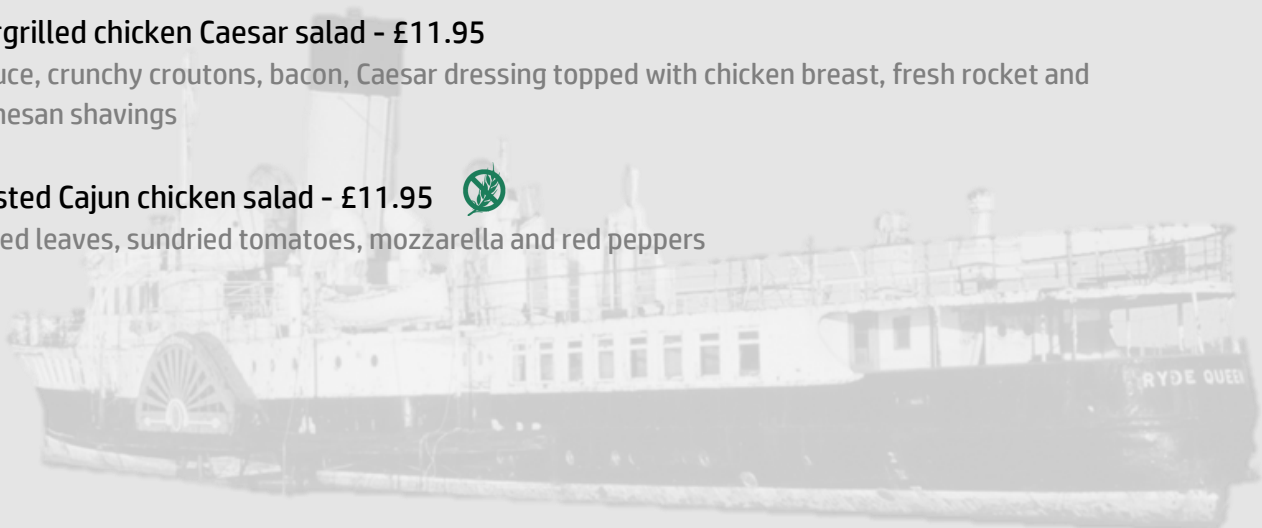
Dressed with a citrus and parsley oil

### Chargrilled chicken Caesar salad - £11.95

Lettuce, crunchy croutons, bacon, Caesar dressing topped with chicken breast, fresh rocket and parmesan shavings

### Roasted Cajun chicken salad - £11.95

Tossed leaves, sundried tomatoes, mozzarella and red peppers



## JACKET POTATOES



Served until 6pm

Tuna mayonnaise - £7.50

Chicken & leek mayonnaise - £7.95

Spicy chicken curry - £8.50

Chilli con carne - £8.25

Cheddar cheese & beans - £7.50

Prawns and Marie rose sauce - £8.95

All served with a dressed side salad

## CIABATTAS

Served until 6pm

Tuna mayo, cheese and red onion ciabatta - £7.95

Steak ciabatta - £9.50

4oz sirloin, lettuce, caramelised onions and mustard mayo

Bacon, brie and cranberry sauce ciabatta - £8.25

Chicken, mozzarella and homemade pesto ciabatta - £8.25

Brie and sundried tomato ciabatta - £7.95



All of our ciabattas are served with a dressed salad garnish and a side portion of crisps

## SANDWICHES

Served until 6pm

Chef's special club sandwich - £9.95

Double decker of BLT and chicken and leek mayo, served with a side of triple cooked, homemade chips

Cheddar cheese and red onion - £6.50



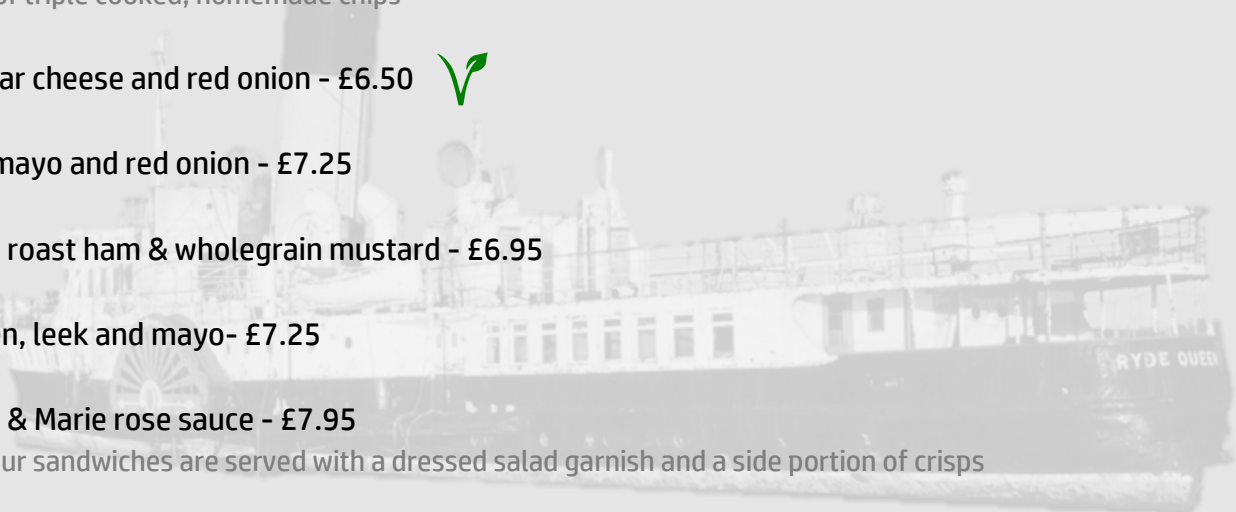
Tuna mayo and red onion - £7.25

Honey roast ham & wholegrain mustard - £6.95

Chicken, leek and mayo - £7.25

Prawn & Marie rose sauce - £7.95

All of our sandwiches are served with a dressed salad garnish and a side portion of crisps



## DESSERTS

### Homemade apple crumble & custard - £5.95

Mixed with sultanas and spiced with cinnamon, finished off with hot custard

### Homemade malteser cake - £5.95

Served with vanilla ice cream

### Mixed berry pavlova - £5.95

Homemade meringue served with berry coulis, Mixed berries and Chantilly cream

### Selection of fruit sorbets - £3.95

Champagne, blood orange, mango, lime & coconut

### Selection of new forest ice creams - £1.75 per scoop

Vanilla pod, chocolate, strawberry, peach Bellini, mint choc chip, salted caramel with a wafer curl

### Homemade spiced plum brulee - £5.95

Served with a homemade almond shortbread


### Cheese and biscuit board - £8.50

Cheddar, stilton and brie cheeses, homemade tomato chutney, grapes and a selection of biscuits

## SUNDAY LUNCH

served from 12 noon

Bookings are strongly recommended

Choose from:	Children	Adults	Large
Roasted sirloin of beef	£6.95	£11.95	£14.95
Roasted leg of lamb	£6.95	£11.95	£14.95
Roasted turkey breast	£5.95	£10.95	£13.95
Roasted pork loin	£5.95	£10.95	£13.95
Nut roast 	£5.95	£10.95	£13.95

All served with thyme & garlic roasted potatoes, homemade Yorkshire pudding, fresh vegetables and homemade beef gravy.

## CHILDREN'S MENU

### Isle of Wight 4oz sirloin - £8.95

Served with chips, tomato and mushrooms

### Homemade beef burger - £5.95


Served with homemade chips and peas or beans

### Homemade margherita pizza - £5.50

### Isle of Wight sausages - £5.95

Served with a creamy mashed potato, peas and gravy

### Linguini pasta - £5.25

With a choice of carbonara sauce or chefs tomato sauce.  Tomato sauce only

### Homemade breaded chicken goujons - £5.95

Served with chips and peas or beans

### Fish and Chips - £5.95

Served with peas or beans

## SIDE ORDERS

### Homemade chips - £2.95

### Buttered new potatoes - £2.95

### Seasonal vegetables - £2.95

### Crisp side salad - £2.95

### Rustic garlic flat bread - £4.95

### Rustic garlic flat bread with cheese - £5.95

Please also take a look at our daily chef's specials.